

Full length Research Article

# Cholecalciferol (VD<sub>3</sub>) Attenuates L-DOPA-Induced Dyskinesia in Parkinsonian Mice Via Modulation of Microglia and Oxidative Inflammatory Mechanisms

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**Summary:** L-DOPA, the gold standard for managing Parkinson's disease (PD) is fraught by motor fluctuations termed L-Dopa-Induced Dyskinesia (LID). LID has very few therapeutic options. Hence, the need for preclinical screening of new interventions. Cholecalciferol (VD<sub>3</sub>) treatment reportedly improves motor deficit in experimental Parkinsonism. Therefore, the novel anti-dyskinetic effect of VD<sub>3</sub> and its underlying mechanisms in LID was investigated. Dyskinesia was induced by chronic L-DOPA administration in parkinsonian (6-OHDA-lesioned) mice. The experimental groups: Control, Dyskinesia, Dyskinesia/VD<sub>3</sub>, and Dyskinesia/Amantadine were challenged with L-DOPA to determine the abnormal involuntary movements (AIMs) score during 14 days of VD<sub>3</sub> (30 mg/kg) or Amantadine (40 mg/kg) treatment. Behavioral Axial, Limb & Orolingual (ALO) AIMs were scored for 1 min at every 20 mins interval, over a duration of 100 mins on days 1,3,7,11 and 14. Using western blot, striatum was assessed for expression of dopamine metabolic enzymes: Tyrosine Hydroxylase (TH) and Monoamine Oxidase-B (MAO-B); CD11b, BAX, P47phox, and IL-1 $\beta$ . Cholecalciferol significantly attenuated AIMs only on days 11 & 14 with maximal reduction of 32.7%. Expression of TH and MAO-B was not altered in VD<sub>3</sub> compared with dyskinetic mice. VD<sub>3</sub> significantly inhibited oxidative stress (P47phox), apoptosis (BAX), inflammation (IL-1 $\beta$ ) and microglial activation (CD11b). VD<sub>3</sub> showed anti-dyskinetic effects behaviorally by attenuating abnormal involuntary movements, modulation of striatal oxidative stress, microglial responses, inflammation, and apoptotic signaling; without affecting dopamine metabolic enzymes. Its use in the management of dyskinesia is promising. More studies are required to further evaluate these findings.

**Keywords:** Cholecalciferol; L-DOPA-Induced Dyskinesia; Parkinson's Disease; Microglial; Oxidative stress; Inflammation

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## INTRODUCTION

Currently, there is no cure for Parkinson's disease, and treatments remain symptomatic. The clinical use of L-3,4-dihydroxyphenylalanine (L-DOPA) remains the standard treatment (Olanow & Stocchi, 2018). However, after long-term use, its beneficial effects are fraught by motor fluctuations termed L-DOPA-Induced Dyskinesia (LID) which are clinically difficult to manage, limiting the quality of life in PD patients (Bastide *et al.*, 2015). However, despite a positive therapeutic potential in several compounds screened in preclinical studies, many harmful side effects hampered the clinical development of these substances (Paoletti, 2011). Apart from some short-term

benefit of amantadine and, to a lesser extent, clozapine, there is no other pharmacological alternative available to treat LID (Fox *et al.*, 2011; Rascol *et al.*, 2021). Hence, the need for pre-clinical screening of new compounds or drugs. Prolonged use of L-DOPA by PD patients reportedly causes increase in dopamine (DA) toxicity (Munoz, 2012), oxidative stress and induction of inflammatory responses (Andican *et al.*, 2012). Thus, monitoring inflammatory factors and apoptotic proteins have been recommended in L-DOPA therapy (Korandi *et al.*, 2004). Most PD patients develop dyskinesia in less than a decade from onset of L-DOPA therapy (Tambasco *et al.*, 2012).

Animal models in which neurotoxins were used to cause unilateral selective loss of substantia nigra neurons, typical

of PD, have been used to assess LIDs and the efficacy of standard and novel therapeutic treatments (Winkler *et al.*, 2002; Lundblad *et al.*, 2004; Francardo *et al.*, 2011). These models suggest that dyskinesias are associated with enhanced G protein-mediated signalling at dopamine receptors potentially leading to changes in gene expression and uncontrolled neuronal excitability (Santini *et al.*, 2009; Fiorentini *et al.*, 2013). Therefore, therapeutic strategies that can moderate calcium signaling and neuronal excitability while maintaining normal movement may be ideal for eliminating dopamine receptor-associated dyskinesias. To moderate this uncontrolled signaling or neuronal excitability, several approaches have been explored such as reducing D1 receptors surface expressions (Porrás *et al.*, 2012), dampening overactive intracellular signaling (Feyder *et al.*, 2016) and inhibiting  $\alpha 2A$  (Mizuno *et al.*, 2010), mGluR5 (Stocchi *et al.*, 2013) or NMDA receptors (Porrás *et al.*, 2012). Although these targets have clinical potential, several drugs designed for these targets have either failed clinical trials or have the potential to affect other key CNS physiological processes (Urs *et al.*, 2015). In this regard, the vitamin D receptor (VDR) appears crucial for brain development and function in health and disease, potentially mediating up-regulation of glutamate receptors, calcium-induced excitotoxicity and reactive oxygen species (ROS) (all of which are  $Ca^{2+}$  dependent toxicities and central to the cause and progression of PD and dyskinesia) (Buttner *et al.*, 2013). Therefore, targeting a calcium-controlling receptor, VDR with a large presence in the striatum, can be an effective approach to treating dyskinesia.

Cholecalciferol ( $VD_3$ ) is a steroid that is capable of up-regulating genes involved in protein synthesis and has been found to improve survival in cells by facilitating repair. The importance of VDR, a major  $Ca^{2+}$  controlling receptor, with a large presence in the striatum is still underexplored. Although several reports have implicated VD in some neurological disorders, its effect on L-DOPA-induced dyskinesia has not been explored. Currently, there is no report on the relationship between VD and L-DOPA-induced dyskinesia though vitamin E reportedly has a positive impact on tardive dyskinesia. We hypothesized that VD may positively modulate L-DOPA-induced dyskinesia based on several reports on its neuroprotective impacts. Studies have shown the effect of Vitamin E in reducing the threshold of Tardive dyskinesia (TD)- a side effect of prolonged use of antipsychotic drugs. The anti-dyskinetic effect of Vitamin E in TD was attributed to its antioxidant properties and its role in radical detoxification (Egan *et al.*, 1992; Zhang *et al.*, 2004). Additionally, oxidative stress, microglia activation, neuro-inflammation and apoptotic signaling have been implicated in the pathophysiology of dyskinesia (Bortolanza *et al.*, 2015; Carta *et al.*, 2017). Since VD is reportedly involved in the regulation of these processes both in disease and non-pathological state, investigating its role may hold a promising therapeutic effect in the treatment of dyskinesia. Similarly,  $VD_3$  deficiency has been linked to the cause and progression of various movement disorders (Golan *et al.*, 2013), including PD, wherein it was reported to positively modulate and improve neurotransmission as well as behavioral deficits in a mouse model of PD (Bayo-Olugbami *et al.*, 2020). By virtue of its roles in radical detoxification,  $Ca^{2+}$ -related signaling and general brain health, we hypothesized that

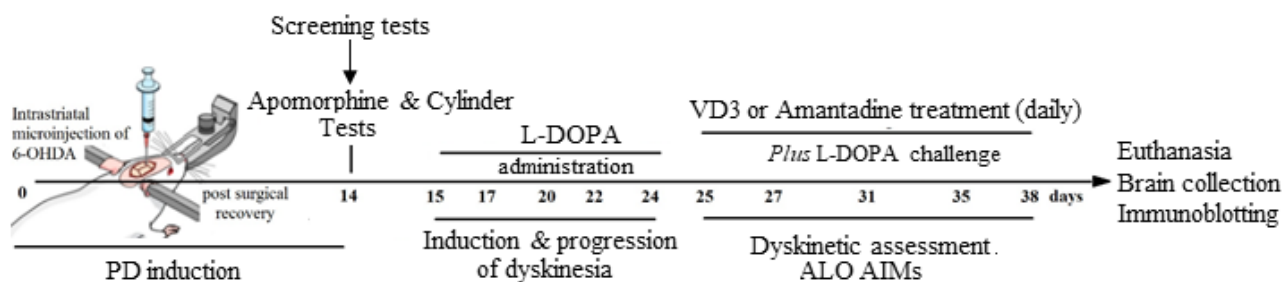
$VD_3$  could improve dyskinesia. Currently, no study has investigated the impact of  $VD_3$  on enzymes involved in dopamine metabolism, behavioral alteration and oxidative stress in animal model of LID. Therefore, we assessed how behavioral (using abnormal involuntary movements (AIMs) rating scale), and biochemical (using immunoblotting) responses are altered in mouse models of dyskinesia induced by chronic L-DOPA administration in *unilateral* 6-hydroxydopamine (6-OHDA) lesioned mice and the impact of  $VD_3$  on these alterations.

## MATERIALS AND METHODS

**Drugs:** All drugs used were of analytical standard. 6-OHDA and Pargyline hydrochloride were purchased from Sigma Aldrich (Sigma Chemical, St. Louis, MO). L-DOPA, Amantadine and Benserazide were obtained from TCI, America (North Harborgate St., Portland, US) while Apomorphine, Desipramine hydrochloride and Cholecalciferol ( $VD_3$ ) were products of USP Pharmacopeia (Rockville, Maryland, US). Drugs were freshly prepared in saline or saline containing 0.02% ascorbic acid and used within 3 hours of preparation.

**Experimental animals:** Age-matched (15 weeks), adult male C57BL6 mice with an average weight of 30.3 g were procured from the Jackson laboratory (Bar Harbour, ME). All studies were performed according to NIH guidelines for animal care and use and as approved by the Animal Care and Use Committee of School of Veterinary Medicine, Louisiana State University with protocol number, 16-015 and University of Ilorin Ethical Review Committee with approval number, UERC/ASN/2017/738. Mice were housed at a maximum of five per cage, under 12 h light/ dark cycle and given food and water *ad libitum*.

**Experimental procedure:** Thirty mice were lesioned by right *intrastratial* injection of 6-OHDA. Two weeks later, twenty-five 6-OHDA lesioned mice passed the inclusion criteria and were selected using established behavioral tests. An additional group of mice (n=6) was sham lesioned (control). Dyskinesia in the 6-OHDA lesioned mice was induced by chronic L-DOPA administration (20 mg/kg combined with 12.5 mg/kg benserazide, *i.p.*) once daily for 10 days to induce gradual development and stable degree of AIMs. During the development of dyskinesia, AIMs were monitored and scored for 1 min at every 20 mins interval, over a duration of 120 mins following L-DOPA challenge on days 1, 3, 6, 8 and 10 (Lundblad *et al.*, 2002; Lundblad *et al.*, 2004). Each AIMs subtypes: Axial, Limb, Orolingual was rated on frequency and amplitude. Eighteen dyskinetic mice with global ALO AIMs (Sum of the products of frequency and amplitude of ALO AIMs) of  $\geq 100$  were randomly sorted into 3 groups: Dyskinesia, Dyskinesia/ $VD_3$ , Dyskinesia/Amantadine (n = 6) and a sham control group (n=6) was added.  $VD_3$  (30 mg/kg, *subcutaneously; s.c.*) or amantadine (40 mg/kg, *intraperitoneally; i.p.*) was administered for 14 days. To quantify the effect of  $VD_3$  or amantadine on dyskinesia, each group was challenged with L-DOPA. Each ALO AIM was scored for 1 min at every 20 mins interval over a duration of 100 mins after L-DOPA injection on days 1,3,7,11 and 14 of  $VD_3$  or amantadine administration.



**Figure 1:**

Experimental design showing the treatment time line. PD; Parkinson's Diseases, ALO AIMs; Axial-Limb-Orolingual Abnormal Involuntary Movements.

After behavioral characterization, the mice were euthanized, brains collected and processed for *striatal* expression of Tyrosine Hydroxylase (TH), Monoamine Oxidase-B (MAO-B), CD11b, BAX, P47phox, and IL-1 $\beta$  in the *striatum* using western blot assay. The experimental timeline is shown in Figure 1.

**Unilateral 6-OHDA lesioning:** Experimental Parkinsonism was achieved as previously described through *unilateral* injection of (6-OHDA, 3 $\mu$ g/2 $\mu$ L) stereotaxically into the right *striatum* (11). Mice were anaesthetized with ketamine/xylazine (80/5mg/kg *i.p.*). Saline (0.9%) containing 0.02% ascorbic acid was used as the vehicle. Using these co-ordinates from bregma: *anteroposterior* 1.1mm, *mediolateral* 1.5 mm and *dorsoventral* 3.0 mm, the Hamilton syringe was loaded with a final volume of 2  $\mu$ l of 6-OHDA solution or vehicle and injected once into the right *striatum* at the rate of 0.5  $\mu$ l/min. The syringe was kept in place for about five minutes to allow 6-OHDA diffuse away from the injection site. It was then slowly retracted over a period of 3 min, pausing at intervals to prevent the back flow of the toxin.

To increase the selectivity and efficacy of 6-OHDA lesion, mice were pretreated with desipramine (28 mg/kg, *i.p.*) and pargyline (6.15 mg/kg, *i.p.*) 30 min prior to surgery to reduce 6-OHDA-induced noradrenaline/serotonin depletion and enhance the sensitivity of dopaminergic terminals to 6-OHDA. After surgery, mice were closely monitored for recovery after which mice were subjected to thorough post-surgical care to minimize mortality.

**Animal screening and behavioral studies:** Sensorimotor assessment of the *unilateral* 6-hydroxydopamine-lesioned mice was carried out using drug-based; apomorphine and a non-drug based; cylinder tests for the evaluation of degree of lesion (Schallert *et al.*, 2000). The assessment was performed 14 days after 6-OHDA lesion when mice had achieved a complete post-surgical recovery (Sarre *et al.*, 2004) with a stabilized plastic changes caused by dopaminergic degeneration (Thiele *et al.*, 2012). The selected 6-OHDA lesioned mice have  $\geq 50$  contralateral turns/30 mins in apomorphine test and less than 45% of contralateral paw usage in cylinder test (Schallert *et al.*, 2000). As an inclusion or screening criteria for mice that were recruited for dyskinesia induction, results for apomorphine and cylinder tests are not shown.

**Apomorphine-induced rotational response:** To determine the efficiency of 6-OHDA-induced *striatal* lesion and

dopamine reduction. Rotational response of each mouse to apomorphine (1 mg/kg *i.p.*) was observed two weeks after lesion. Each mouse was placed in a cylinder of 30 cm diameter, placed 45 cm below the recording camera. After 3 mins habituation period, rotational movements were recorded over 30 mins time frame. Both contra- and ipsilateral full body rotation relative to the lesioned side were counted and compared with the sham control, i.e., greater contralateral rotation indicative of greater parkinsonism (Thiele *et al.*, 2012). The proportion of contralateral rotation was calculated as a percentage of net (contralateral and ipsilateral) rotational behavior.

**Cylinder test:** The cylinder test was used to assess spontaneous independent forelimb lateralization, taking advantage of the natural exploratory instinct of rodents to a novel environment by using the forelimb to support the body against the walls of a cylindrical enclosure. Mice were placed individually in a glass cylinder (12 cm diameter, 14 cm height) and video recorded for 10 mins. Mice were not allowed to become habituated to the cylinder prior to the test. The number of wall touches (contacts with fully extended digits) executed independently with the ipsilateral and the contralateral forepaw were counted. Simultaneous paw touches were excluded from the analysis. Data was expressed as a percentage of contralateral paw touches calculated as: (contralateral) / (ipsilateral + contralateral) paw touches  $\times 100$ .

**L-DOPA-induced dyskinesia and abnormal involuntary movement ratings:** Dyskinesia was induced in the animals by chronic administration of L-DOPA (20 mg/kg; *i.p.*) and benserazide (12.5 mg/kg; *s.c.*) once daily for 10 days (Santini *et al.*, 2009; Urs *et al.*, 2015). Quantification of LIDs by abnormal involuntary movements (AIMs) was carried out as previously described (Lundblad *et al.*, 2002; Cenci & Lundblad, 2007). Briefly, mice were observed individually for 1 min every 20 mins during 1-2 h that followed L-DOPA injection. Dyskinetic movements were classified based on their topographic distribution into three subtypes: (i) axial AIM, that is twisted posture or choreiform twisting of the neck and upper body towards the side contralateral to the lesion; (ii) forelimb AIM, that is, jerky or dystonic movements of the contralateral paw; (iii) orolingual AIM, that is, orofacial muscle twitching, empty masticatory movements and contralateral tongue protrusion. AIMs subtypes were scored using a validated rating scale by a blinded trained investigator. Each AIM subtype was rated on frequency and amplitude scales from 0 to 4 as described by Cenci & Lundblad (2007). Axial, limb and orolingual

(ALO) AIMs were presented together as global AIMs score and also as separated items per session (sum of the products of amplitude and frequency scores from all monitoring periods) (Lee *et al.*, 2000).

**Western blotting and protein quantification:** Western blot analyses were performed on the ipsilateral striatal tissue homogenates on the last day of the treatment regimen. Briefly, the striatum was rapidly dissected from mouse brains on ice and tissue samples were immediately lysed in ice-cold RIPA buffer solution. Brain tissue lysate (20  $\mu$ l) containing 20  $\mu$ g of protein was processed for SDS-PAGE electrophoresis. After subsequent western blotting (wet transfer), polyvinylidene fluoride membrane (PVDF) was incubated in Tris-buffered saline with 0.01% Tween 20 (TBST) for 15 mins at room temperature. Subsequently, the membrane was blocked in 3% bovine serum albumin (prepared in TBST) for 50 min at room temperature. The protein of interest, and control (GAPDH) were detected using the following primary antibodies; anti-TH (Cell Signaling-#2792S), anti-MAO-B (Abcam-ab175136), anti-GAPDH (Cell Signaling-#2118S), anti-BAX (Cell signaling-# 14796S), anti-CD11b (Abcam-ab75476), anti-IL-1 $\beta$  (Cell signaling-#2837S) and anti-p47phox (Enzo life Sci-#07071127A). All primary antibodies were diluted in the blocking solution at 1:500-1,000. Subsequently, the primary antibodies were detected using HRP-conjugated secondary antibodies (goat anti-rabbit#65-6120 and goat anti-mouse-#65-6520; Invitrogen; dilution of 1: 5,000-10,000) following which the blots were developed using enhanced chemiluminescence substrate (Thermo Fisher-#34579).

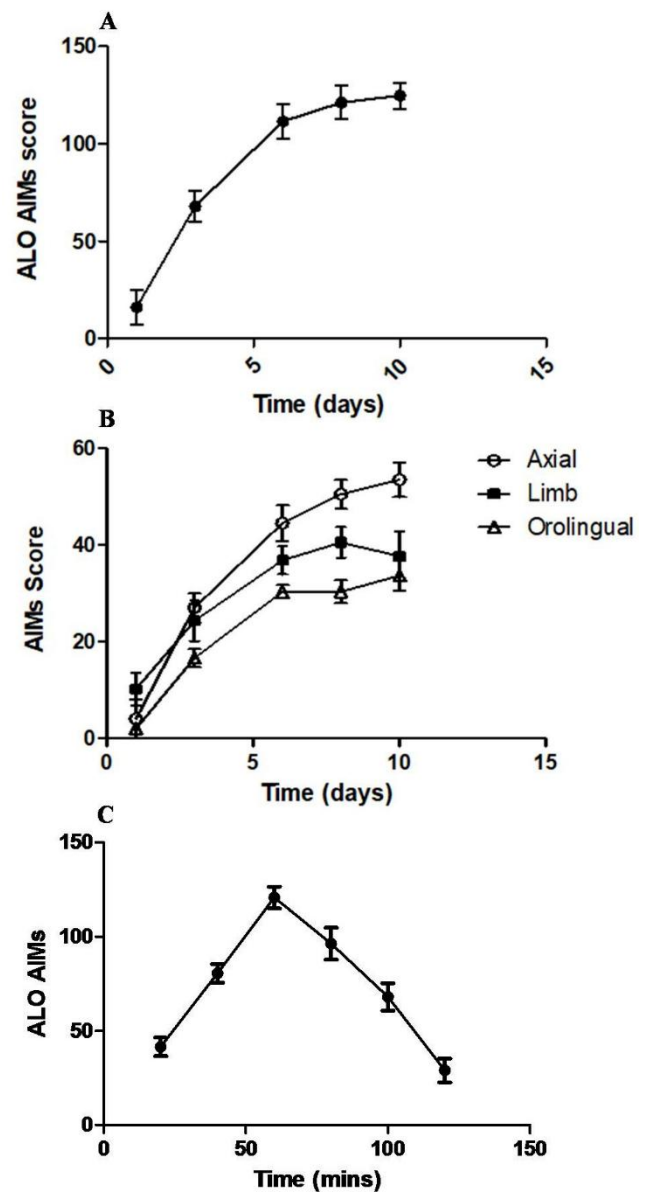
#### Statistical analysis

AIMs rating was expressed as ALO score (magnitude  $\times$  amplitude). Results were reported as means  $\pm$  SEM and analyzed using Graph Pad Prism (Version 6.0). Differences between groups were determined by one-way ANOVA followed by Tukey's test for *post-hoc* comparisons. The level of significance was considered at  $p < 0.05$ .

## RESULTS

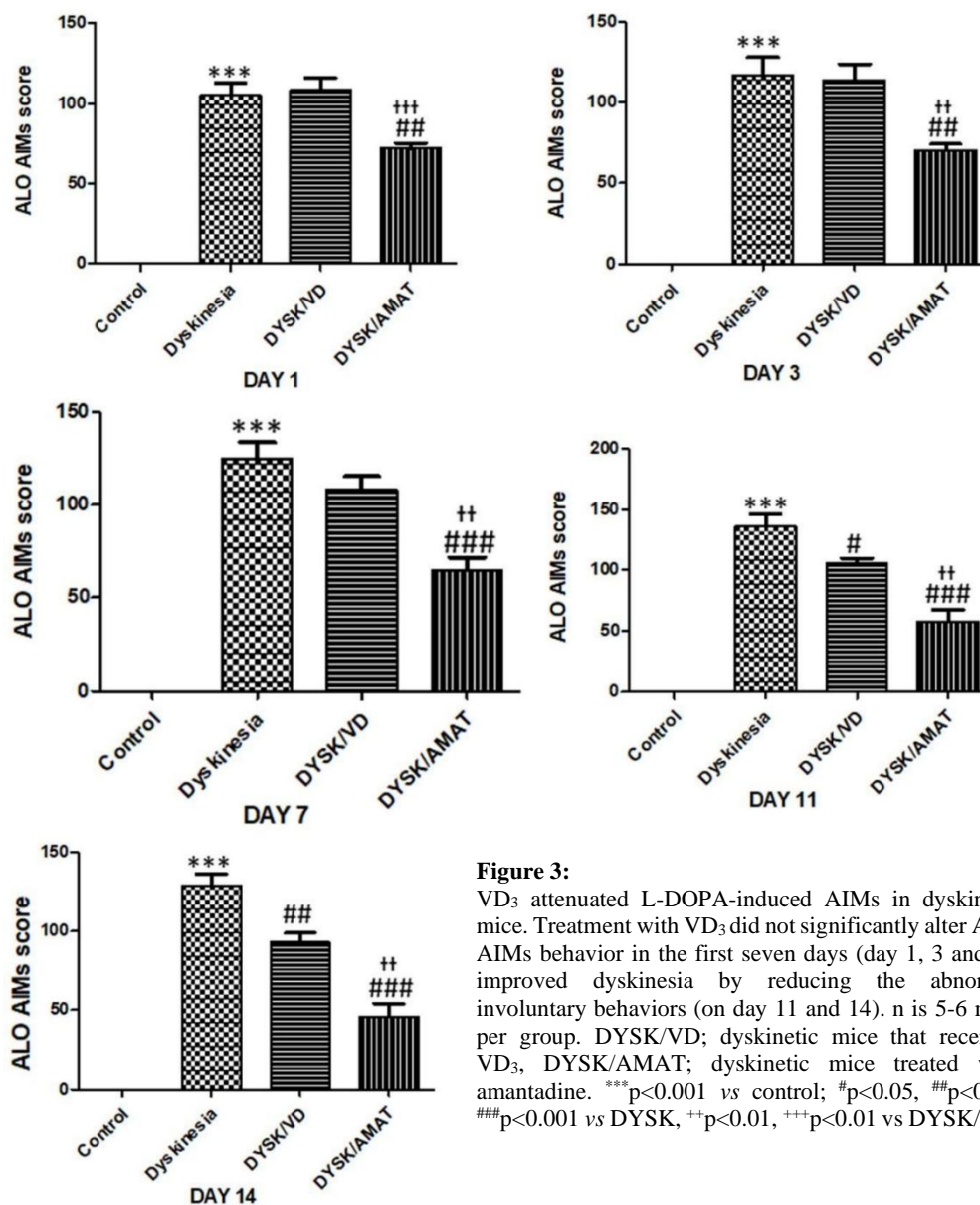
### Development and progression of AIMs following chronic L-DOPA administration:

*Unilateral* 6-OHDA lesioned mice, chronically treated with L-DOPA (20 mg/kg plus 12.5 mg/kg of benserazide), developed a stable degree of dyskinesia at the sixth day of treatment, scoring the maximal cumulative ALO AIMs value at the 8th day (Figure 2A). Considering the development of individual ALO AIMs, the appearance of axial, limb and orolingual behavioral AIMs was gradual and progressive having a similar temporal profile and reaching a similar level of intensity over the 10-day treatment. Orolingual AIM subtype had the least score while axial appearance was the most represented with the highest score (Figure 2B). L-DOPA caused the appearance of dyskinetic movement already at 20 mins after injection. The intensity of dyskinesia remained stable at maximal levels up to 60 mins after injection, after which AIMs tended to decline (Figure 2C).



**Figure 2:** Development and progression of AIMs following chronic L-DOPA administration in 6-OHDA lesioned mice. Cumulative ALO AIMs in 10 days (A); development of individual ALO AIMs, the appearance of axial, limb and orolingual (ALO) behavioural AIMs (B) and Cumulative ALO AIMs in 2 hours (C). n is 18 mice.

**VD<sub>3</sub> attenuated L-DOPA-induced AIMs in dyskinetic mice:** Control mice showed no response to any of the ALO AIMs subtype. In the L-DOPA-induced dyskinesia model, chronic administration of L-DOPA caused a significant development of dyskinetic movement assessed by the appearance of ALO AIMs and represented as the global ALO AIM score (Figure 3). To determine the impact of VD<sub>3</sub> on LID, dyskinetic mice were treated with 30 mg/kg of VD<sub>3</sub> consecutively for 14 days with the behavioral AIMs response assessed at days 1,3,7,11 & 14. The efficacy of VD<sub>3</sub> was also compared with amantadine, a common clinical anti-dyskinetic agent. A dose of 40 mg/kg was used because it was reportedly effective in attenuating ALO AIMs in rats and mice without affecting the locomotive component of AIMs. This is considered as a marker of the therapeutic effect of L-DOPA (Dekundy *et al.*, 2007).



**Figure 3:**

VD<sub>3</sub> attenuated L-DOPA-induced AIMs in dyskinetic mice. Treatment with VD<sub>3</sub> did not significantly alter ALO AIMs behavior in the first seven days (day 1, 3 and 7); improved dyskinesia by reducing the abnormal involuntary behaviors (on day 11 and 14). n is 5-6 mice per group. DYSK/VD; dyskinetic mice that received VD<sub>3</sub>, DYSK/AMAT; dyskinetic mice treated with amantadine. \*\*\*p<0.001 vs control; #p<0.05, ##p<0.01, ###p<0.001 vs DYSK, ++p<0.01, +++p<0.01 vs DYSK/VD.

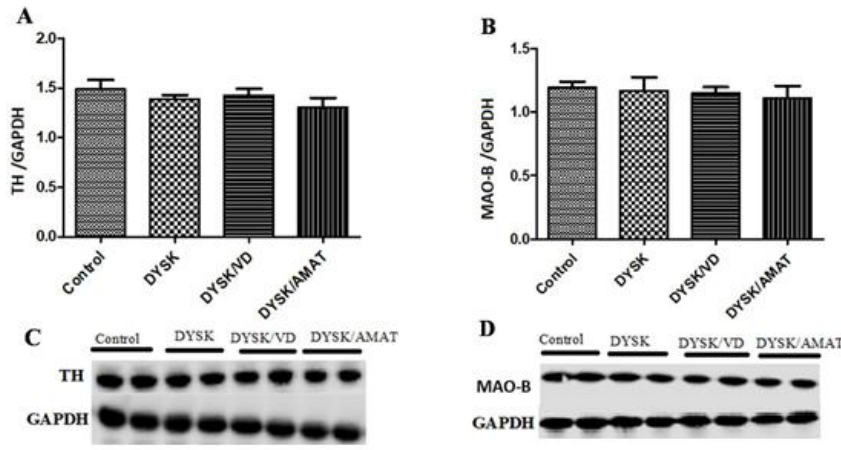
**VD<sub>3</sub> did not alter metabolic enzymes involved in dopamine neurotransmission in dyskinetic mice:** To examine the involvement of the conventional pathway of Dopamine (DA) metabolism in dyskinesia, the expression of DA synthetic (TH) and catabolic (MAO-B) enzymes in the striatum was assessed.

In Figure 4A & C, the expression of TH, the rate limiting enzyme in the synthesis of dopamine, was not significantly different across all groups. As such, treatment of dyskinetic mice with VD<sub>3</sub> did not alter the striatal level of TH (p=0.48). Similarly, MAO-B which catalyzes the breakdown of dopamine showed no significant difference in the expression of MAO-B across the groups. Neither intervention with VD<sub>3</sub> nor amantadine altered the expression of MAO-B in dyskinetic mice (Figure 4B & D: p=0.89).

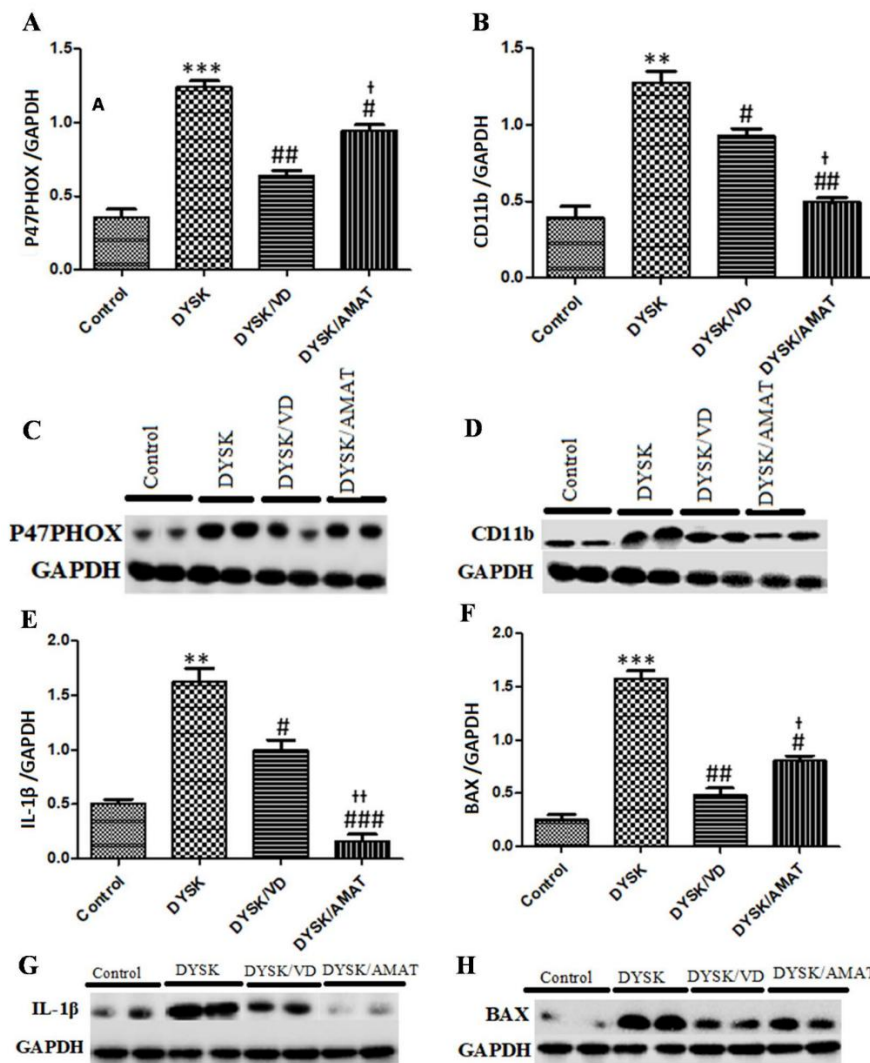
**Anti-dyskinetic action of VD<sub>3</sub> is linked to its modulatory effects on oxidative stress, microglial activation, inflammatory response and apoptotic signalling:** Oxidative stress, neuro-inflammation, microglial activation and apoptotic signaling are thought to be compromised in

dyskinesia. Hence, we determined the impact of dyskinesia on their markers and subsequent effects of VD<sub>3</sub> intervention. In Figure 5A, chronic L-DOPA-induced AIMs in dyskinetic mice was accompanied by the generation of ROS as shown by the marked expression of p47phox, (the main regulator and marker of NADPH oxidase which consequently drives ROS production). Interventions with VD<sub>3</sub> (P<0.01) or amantadine (p<0.05) significantly attenuated the expression of p47phox compared with dyskinesia group, thus, a reduction in oxidative stress. There was also a significant upregulation of p47phox in amantadine group compared with VD<sub>3</sub> mice showing that administration of VD<sub>3</sub> was able to reduce production of ROS than amantadine in dyskinesia. (Figure 5A: p=0.0005)

CD11b, a surface marker expressed by activated microglial was markedly expressed in dyskinetic mice compared to control mice. Intervention with either VD<sub>3</sub> or amantadine significantly attenuated CD11b. Amantadine was better at reducing microglial activation than VD<sub>3</sub> as shown by a significant decrease in the level of CD11b in the amantadine group compared with VD<sub>3</sub> group. (Figure 5B: p=0.0012).



**Figure 4:** VD<sub>3</sub> did not affect the expression of proteins involved in dopamine metabolism following chronic administration of L-DOPA in PD mice. Intervention with VD<sub>3</sub> had no effect on the expression of TH (A) and MAO-B (B). Quantification of band density of blots and the representative blots showing the expression of TH (C) and MAO-B (D) in the striatum. GAPDH was used as internal control. TH; tyrosine hydroxylase, MAO-B; monoamine Oxidase-B, DYSK/VD; dyskinetic mice that received VD<sub>3</sub>, DYSK/AMAT; dyskinetic mice treated with amantadine. n is 5 mice per group.



**Figure 5:** VD<sub>3</sub> altered the expression of markers of oxidative stress, microglial, inflammation and apoptosis following chronic administration of L-DOPA in PD mice. Administration of VD<sub>3</sub> decreased the expression of p47phox (A), CD11b (B), IL-1β (E) and BAX (F). Quantification of band density of blots and the representative blots showing the expression of p47phox (C), CD11b (D), IL-1β (G) and BAX (H) in the striatum. GAPDH was used as internal control. p47phox; phagocyte NADPH oxidase organizer, CD11b; marker of microglial, IL-1β; Interleukin 1β, BAX; Bcl-2-associated X protein. DYSK/VD; dyskinetic mice that received VD<sub>3</sub>, DYSK/AMAT; dyskinetic mice treated with amantadine. n is 5 mice per group. \*\*p<0.01, \*\*\*p<0.001 vs control; #p<0.05, ###p<0.01, ###p<0.001 vs DYSK, †p<0.05, ††p<0.01 vs DYSK/VD

In Figure 5E, chronic administration of L-DOPA led to increased expression of IL-1 $\beta$ , an inflammatory cytokine, in dyskinetic group of mice when compared with control. Treatment with VD<sub>3</sub> for 14 days attenuated the expression of IL-1 $\beta$ . Similarly, amantadine significantly reduced IL-1 $\beta$  compared with dyskinesia and VD<sub>3</sub> mice respectively (Figure 5E:  $p=0.001$ ).

Based on Figure 5F, *Striatal* expression of BAX, a pro-apoptotic member of Bcl-2 family and an important regulator of apoptosis was significantly upregulated in dyskinesia mice compared with control. Intervention with VD<sub>3</sub> attenuated BAX expression. Administration of amantadine also reduced BAX compared with dyskinesia group but its effect was lower when compared with VD<sub>3</sub>. Hence, the anti-apoptotic activity of VD<sub>3</sub> was more pronounced than amantadine. (Figure 5F:  $p=0.0004$ ).

## DISCUSSION

The hemi-parkinsonian mouse model of LID is a valuable and unique tool in dyskinesia research because it allows interspecies comparison of drug response (Cenci *et al.*, 2002). Unilaterally lesioned mice that were chronically treated with L-DOPA (20 mg/kg plus 12.5mg/kg of benserazide) developed a stable degree of dyskinesia by the sixth day of treatment, scoring the maximal cumulative ALO AIMs value on day 8. ALO AIMs developed gradually and progressively having a similar temporal pattern, with maximal dyskinetic expression after 6 days of chronic treatment with L-DOPA. This may reflect the homogeneity of the lesion within the dorsolateral striatum as this region is documented to receive somatotopic cortical projections representing the trunk, forepaw and orofacial muscles (McGeorge & Faull, 1989). Our result is slightly different from the report of Bido *et al.* (2011) wherein chronic administration of L-DOPA to Parkinsonian mice showed maximal expression of dyskinetic behavior after 5 days of treatment. Similar to their report, we noted the appearance of AIMs as early as 20 mins post L-DOPA treatment. In contrast, maximal dyskinetic response was observed at 60 mins, followed by a decline afterwards, compared with the maximal expression observed by Bido *et al.* (2011) at 40 min after which expression declined. The reason for the slight disparity in the two results may be attributable to the difference in the dyskinetic dose of L-DOPA treatment. Bido *et al.* (2011) administered 15 mg/kg for inducing dyskinesia while the present study used 20 mg/kg. Although a duration of 10 days of L-DOPA treatment was used in both studies. Genetic interference may also contribute to the difference in results, since the two studies used different strains of mice. A dose of 40 mg/kg of amantadine (reference drug) was used because it has been proven to be effective in reducing ALO AIMs in rodents without affecting the locomotive component of AIMs (Dekundy *et al.*, 2007), which is also considered a marker of the therapeutic effect of L-DOPA (Cenci & Whishaw, 2002).

In addition, orolingual AIM subtype had the least score while axial appearance was the most represented with the highest score, which is in line with prior studies (Lundblad *et al.*, 2004; Bido *et al.*, 2011). VD<sub>3</sub> showed anti-dyskinetic effects as it produced a significant attenuation of global AIMs on days 11 and 14, which corresponds to 22% and

32.7% reduction in dyskinetic movements respectively. However, the reference drug amantadine markedly attenuated ALO AIMs progressively throughout the observation period with the highest percentage ALO AIMs reduction of 64.5%. Therefore, VD<sub>3</sub> attenuated L-DOPA-induced AIMs, but its anti-dyskinetic action was less than amantadine. There is no report yet on the role of VD<sub>3</sub> on LID, whereas other studies have reported the anti-dyskinetic effect of VD and vitamin E in reducing the threshold of tardive dyskinesia- a side effect of prolonged use of anti-psychotic drugs (Egan *et al.*, 1992; Zhang *et al.*, 2004). Dyskinesia refers to any involuntary movement, such as chorea, tic, dystonia, ballism that affect any part of the body. The occurrence of essential tremor and vitamin D receptor polymorphism has been reported. As such, the rs2228570 variant of the vitamin D receptor gene has been associated with sporadic essential tremor (Sazci *et al.*, 2019). Vitamin D has been associated with many distinct neurological functions, particularly neuroprotection. Its Insufficient level has consequently been linked to an increased likelihood of developing neurological diseases involving movement disorders. On the contrary, a clinical study which investigated the effect of VD supplementation in dyskinetic patients reported that VD<sub>3</sub> did not improve dyskinesia rating when compared to placebo (Habibi *et al.*, 2018). Many pathways such as serotonergic, cholinergic and glutamatergic pathways were reportedly involved in the uncontrolled release of dopamine and the abnormal involuntary movements in dyskinesia (Bastide *et al.*, 2015). Tyrosine Hydroxylase (TH), the rate limiting enzyme in the synthesis of dopamine, was unaffected in dyskinetic mice compared with control group. This is in contrast but has similar implication with the report of Pons *et al.* (2013) which showed deficiency in TH in LID. The interpretation of these two reports is that either a decrease or no effect of TH in dyskinetic mice does not support the accompanied rise in DA level. This is because TH converts tyrosine to L-DOPA and as such any event that will promote DA synthesis should positively enhance the activity of TH. Similarly, the expression of MAO-B in the dyskinetic mice was not different from those of the control mice. Hence, based on the data from this study, both enzymes are not altered in DA transmission in dyskinetic mice. Similarly, treatment of dyskinetic mice with either VD<sub>3</sub> or Amantadine did not alter the *striatal* level of TH.

There was no significant difference in the expression of MAO-B across the groups, neither did intervention with VD<sub>3</sub> nor amantadine alter the expression of MAO-B in dyskinetic mice. While a recent report attributed the neuroprotective impact of VD<sub>3</sub> in mice model of PD to its ability to modulate proteins involved in dopamine metabolism (Bayo-Olugbami *et al.*, 2020). On the contrary, it appears that the mechanism of anti-dyskinetic effect of VD<sub>3</sub> (as shown in the present study) does not involve the enzymatic regulation of dopamine metabolism. More studies are needed to further unravel the involvement of VD<sub>3</sub> in LID.

The pathophysiological process by which vitamin D deficiency might lead to the development and progression of movement disorders, is not yet fully understood. High concentrations of vitamin D metabolites and vitamin D receptor proteins are found in the basal ganglia and connected structures. In the basal ganglia, vitamin D has been

shown to function as a modulator in brain development and as a neuroprotectant (Harms *et al.*, 2011). Also, vitamin D reportedly regulates the synthesis of nerve growth factors that is responsible for the growth and survival of neurons (Goodsell, 2004).

Chronic LIDs in mice may be accompanied by the generation of ROS as indicated by the marked expression of p47phox, a marker and organizer of NADPH oxidase, which in turns drives ROS via super oxide production) (Wang *et al.*, 2011). Interventions with VD<sub>3</sub> significantly attenuated the expression of p47phox which depicts a reduction in the activities of ROS, thereby inhibiting oxidative stress.

Vitamin D<sub>3</sub> reportedly inhibited the synthesis of inducible nitric oxide synthase, an enzyme induced in neurons and non-neuronal cell during ischemia and in neurodegenerative conditions, which catalyzes nitric oxide, a free radical that can damage cells. It stimulates  $\gamma$ -glutamyl transpeptidase activity which is important in the synthesis of glutathione, antioxidant that neutralizes free radicals and as such, protects cells from damage (Garcion *et al.*, 2002). Moreover, the inhibitory action of VD<sub>3</sub> on ROS and microglial activation is well posited in literatures (Hur *et al.*, 2014; Koduah *et al.*, 2017). Vitamin D has been reported to act through several other mechanisms, including effects on protein expression, oxidative stress, inflammation, and cellular metabolism (Gezen-Ak & Dursun, 2019). CD11b is one of the most important and potent surface marker expressed by activated microglia (Ling & Wong, 1993). It was markedly expressed in dyskinetic mice compared to the control mice showing that microglia activation is involved in the progression of dyskinesia. Intervention with either VD<sub>3</sub> or amantadine significantly attenuated CD11b. Prolonged treatment with L-DOPA has been reported to increase the risk of inflammatory activities both in patients and animal models of PD (Andican *et al.*, 2012). Chronic administration of L-DOPA led to increase in the expression of IL-1 $\beta$ , an inflammatory cytokine in dyskinetic group of mice compared with control. Treatment with VD<sub>3</sub> for 14 days attenuated the level of IL-1 $\beta$ . Similarly, amantadine reduced inflammation significantly compared with dyskinesia and VD<sub>3</sub> mice respectively. Intervention with VD<sub>3</sub> markedly attenuated IL-1 $\beta$ -induced inflammatory activity) and apoptotic signaling. VD reportedly upregulated Bcl-2, an apoptosis inhibitor in a non-pathologic condition and exerted anti-apoptotic effect in ovarian cancer cells by inhibiting apoptosis mediated by death receptors (Zhang *et al.*, 2005). Striatal expression of BAX, a pro-apoptotic member of Bcl-2 family and an important regulator of apoptosis was significantly upregulated in dyskinesia compared with control. Intervention with VD<sub>3</sub> attenuated BAX level. Administration of amantadine also reduced apoptotic signaling compared with the dyskinesia group but its effect was lower when compared with VD<sub>3</sub>. Hence, the anti-apoptotic activity of VD<sub>3</sub> was more pronounced than amantadine. Hypovitaminosis D has been shown to cause apoptosis by diminishing the expression of cytochrome C, thereby decreasing the cell cycle of neurons (Garcion *et al.*, 2002).

In conclusion, behaviourally, Cholecalciferol (VD<sub>3</sub>) showed anti-dyskinetic effects by attenuating dyskinetic AIMS. It did not alter the expression of the major enzymes involved in dopaminergic neurotransmission, hence, its anti-dyskinetic effect does not involve dopaminergic

modulation. The anti-dyskinetic action of VD<sub>3</sub> might have resulted from its modulatory effect on the generation of reactive oxygen species, microglial responses, inflammation, and apoptotic signaling. Therefore, its therapeutic use in the management of dyskinesia is promising. More preclinical studies are required to further evaluate these findings.

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