

Editorial

Improving the Narrative: A New Era Begins

Summary: In his inaugural editorial message, Prof. Bamidele Victor Owoyele, the new Editor-in-Chief of the Nigerian Journal of Physiological Sciences, outlines his vision for the journal. He intends for publications to undergo continuous, rigorous, and constructive reviews while appreciating previous works and editors. He understands the enormity of the task, but his goal is to strive for excellence. He solicited support from all and sundry.

Keywords: Contributors, new era, readers, reviewers, rigour

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Dear Readers, Contributors and Friends,

It is a great honour and a significant responsibility to assume editorial leadership of our esteemed journal. This is my first editorial as editor-in-chief; it marks the second volume since my appointment. The role is not only exciting but also opens up possibilities. I am thrilled to introduce the articles published in this volume for your reading pleasure.

Every publication is built on principles, sound logic, and transparency. This edition has a distinctive voice that reflects curiosity, rigour, and diligence. Our contributors would have received more thorough feedback from our indispensable reviewers. If we found the articles and their curation to be sound, that is the thoughtfulness of our reviewers, to whom I remain grateful, not only now but also since many of you have been working with me even when I was the deputy editor.

As we begin this era, even though many team members will still be recruited, the mission of the editorial board is to uphold the soundness of our publications, ensure adherence to publication ethics, and, most importantly, publish research that advances our knowledge of physiology, including teaching, administration, and research. We aim to be a clear voice for physiology, not only in Nigeria but globally, and to sustain the journal's excellence with all ranking bodies.

In curating this volume, we found a wide range of topics, including one important review article and fifteen full-length research articles. This bodes well with me; our journal must not be filled with review articles. Over time, we would limit review articles to invitations. Nevertheless, the reviewers have been very thorough in reviewing review articles. The scope

of the current volume covers wide areas such as neuroscience (4 articles), cardiovascular and cardiometabolic (4 articles), reproduction (3 articles), and others such as the gastrointestinal system, genetics, and inflammation (5 articles). I am happy that we have also been able to maintain a wide geographical spread among the authors, with authors from the South, West, East, and Northern parts of the country, as well as from outside the country. You will certainly find the reported research interesting, illuminating, and enlightening, bringing you up to date with current developments in the field of physiology and as they relate to our geographical regions.

This volume is truly made possible by our dedicated editorial board members, reviewers, authors, and the production team. I am grateful to the immediate past editor-in-chief, who has been very helpful with the production of this volume and has provided necessary guidance.

Finally, to our readers and members of the society, we crave your continuous engagement with us. We depend on each other to improve the journal. Feel free to offer constructive criticism and share your thoughts and pressing ideas with us. One pressing matter on my mind is to build a large pool of dedicated reviewers. We have found some, but we need more.

As the journey truly begins, and you go through this volume and subsequent ones, may we be on a good voyage together. We celebrate this very new beginning.

Warmest regards.

Bamidele Victor Owoyele

Editor-in-Chief,

Nigerian Journal of Physiological Sciences